



When I'm asked what I do for a living, I casually say that I run a bicycle touring company for women only. If their eyes open wide, I'll go on to explain that we take care of all the details so women can simply cycle from inn to inn and dine in nearby restaurants. Our vehicle carries all of their luggage, and our guides accompany them on their bikes. We'll pick them up with our van whenever they don't want to ride their bikes anymore.

That's the easy part. The hard part is explaining why our tours are so special.

Something happens when a group of women who don't know each other get together to ride bicycles. It's more than camaraderie. It's mutual support, compassion and kindness. And it's empowering. Many of us end up accomplishing things we never thought ourselves capable of.



I'm still shocked by this phenomenon each time I go on a tour. We may arrive as strangers, but we leave as Facebook friends and Instagram followers, discussing the trips we want to do together next.

During my years at WomanTours, I've experienced a lot of beautiful places on my bicycle, but it's always the people that I remember more and the friendships that I cherish most. Thank you for all the great rides over the past 30 years. I'm looking forward to many, many more with you!

Jackie

Jackie Marchand, President

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BIKE PATH TOURS

There is nothing like a traffic-free bicycle path to get you in the mood for a wonderful ride. If you know of a good trail we should incorporate into a new tour, let us know. In the meantime, join us on any of these lovely trips (click on any tour for more information):

Belgium/Netherlands: Bike & Barge

FL: Orlando to the Ocean

ID: Greenways

MA: Island Hopper MN: Lake Wobegon

MO: Katy Trail

Netherlands: Bike & Barge,

Sail & Cycle

NY: Erie Canalway NY: Hudson Valley NY: Niagara Falls

PA: GAP/C&O Towpath

WY: Grand Teton National Park







1995

WomanTours is founded in Idaho by Gloria Smith. The first tour was a cross-country tour.

2004

Bicycle fours for Woman

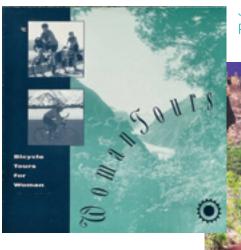
Jackie Marchand purchases WomanTours and takes over as President. The office moves from Idaho to Jackie's home in Rochester, NY.

2013

WomanTours office moves out of Jackie's home and into a second-floor office in Rochester's Winton Place.

2015

Angel Fund scholarship is launched, providing free tours to women in need.







2016

The WomanTours office moves again to a larger ground-floor office in Winton Place. E-bikes became available for the first time on some of our international tours.

2018

E-bikes are introduced to the WomanTours rental bike fleet.

2020

The coronavirus pandemic forces WomanTours to cancel 75% of its tours for the year.

2022

E-bike trailers introduced to the WomanTours vehicle fleet on East and West Coasts.

2023

First Cluster Photo Contest held. Kristie Hamilton is hired as the company's first Managing Director.



How do I get more information?

Call **585-424-2124**, visit womantours.com, or email info@womantours.com.

Our website always has the most updated information.

How long has WomanTours been in business?

Since 1995—we can hardly believe it ourselves!

What does the tour price include?

Generally, the price includes all lodging, most meals, van support, luggage transfer, GPS electronic cues, and trained guides. It does not include transportation to the tour, alcoholic beverages, personal expenses, or guide gratuities.

What is the difference between the regular and "epic" tours?

Our epic and cross-country tours are epic in scope. They're often about completing the full length of a trail or crossing an entire country. Therefore we run them a bit differently from our other tours.

We reserve more modest hotels for our epic tours. Our guides prepare a buffet dinner and everyone eats together outside. On our epic tours, while one guide takes the van to the next hotel to prepare dinner, we use a second vehicle to support the riders along the route.

On all of our tours, we do all we can to help you accomplish whatever you want to do. If you're looking for a sense of achievement, join us on an epic tour. If you're looking for an adventure, join us on any tour!

Will I be the only one traveling alone?

No! About 40% of our guests come on their own. Unless you request a single upgrade or a specific roommate, we'll pair you with someone different at each hotel, so you'll get to know everyone.

Do most women share a room?

Most women share a room, but some go for the single upgrade.

How do I know if I can do it?

If you can ride five miles on your bicycle today, you can train to ride 15 miles, and then you can do all of our tours on an e-bike and a lot of them on a regular bike. Our support vehicle is always available to pick you up if you get tired. That's why we're there.

What if I can't keep up?

Everyone rides at her own pace. Women of all cycling abilities join us. Except for our epic tours, one of our guides will always ride last as "sweeper," making sure everyone finishes safely. You're never the last one in!

Will I be the oldest (or youngest) woman on the tour?

Probably not! We've had women as young as 16 and as old as 89. The average age of our guests is 60.

What discounts do you offer on your shorter domestic tours?

If you are among the first six women to sign up, we will give you

a 5% discount. If you are returning to tour with us and bring along a new guest, you both receive 5% discounts. If you take two tours within 6 months, you'll usually receive a 10% discount on the second tour.

We give a total of 15% in discounts plus a 2% discount for paying by check or Zelle.

What if I have to cancel?

We understand that personal circumstances sometimes force women to cancel their travel plans. Therefore, we have tried to be as generous as possible with the following domestic (and international) tour cancellation policy:

- •75+ (120+) days before tour: forfeit \$150 of your \$400 deposit.
- •50 74 (75 119) days before tour: forfeit 25% of the complete tour price.
- •30 49 (50 74) days before tour: forfeit 65% of the complete tour price.

- •15 29 (30 49) days before tour: forfeit 85% of the complete tour price.
- •0 14 (0 29) days before tour: forfeit 100% of the complete tour price.

You may transfer \$350 to another domestic trip up to 75 days before departure or 50% of trip price (minus \$50) up to 30 days before departure. We strongly recommend the purchase of travel insurance, which covers cancellations for medical reasons. We send you the application for insurance upon receipt of your deposit.

Can I register at the last minute?

Sure, as long as we have space!

Will WomanTours cancel a trip?

In the rare case that we must cancel a trip due to low enrollment, we will do so at least 45 days prior to departure. If we cancel within 45 days, we will issue you a full refund plus a \$500 credit

toward another tour. If we must cancel a trip for another reason, such as a pandemic, we'll issue you a full refund. In all cases, we will not be responsible for any personal expenses incurred, such as airline tickets.

How does travel insurance work?

Travel insurance usually covers your expenses should you need to cancel prior to or during a tour. It is optional but highly recommended. We require emergency evacuation insurance for our international tours which covers your travel should you have an accident during the tour. We provide information about options for travel insurance when you sign up for a tour.

Can you provide references?

Absolutely—just contact us.

How many women are on a tour?

The average is 14. Our tours often fill completely, so don't hesitate—sign up today!

BICYCLES FAQS

Can I bring my own bike?

Most women who drive to a tour bring their own bikes. Riders on our cross-country tours must bring their own. Otherwise, women who fly to tours usually rent bikes from us. Please notify us ahead of time if you're bringing a tandem, recumbent or trike so we can be sure our vehicles can carry it when needed.

What kind of rental bikes do you offer?

Our bicycle fleet includes Cannondale and Specialized gravel road bikes with drop handlebars and Specialized hybrid bikes with straight handlebars. We also offer Gazelle and Specialized hybrid e-bikes with electric motors that work only when pedaling and stop assisting once 20 mph is reached. We recommend choosing the type of bicycle that you like to ride at home. If you don't ride at home, rent a hybrid or an e-bike.

What is your policy on e-bikes?

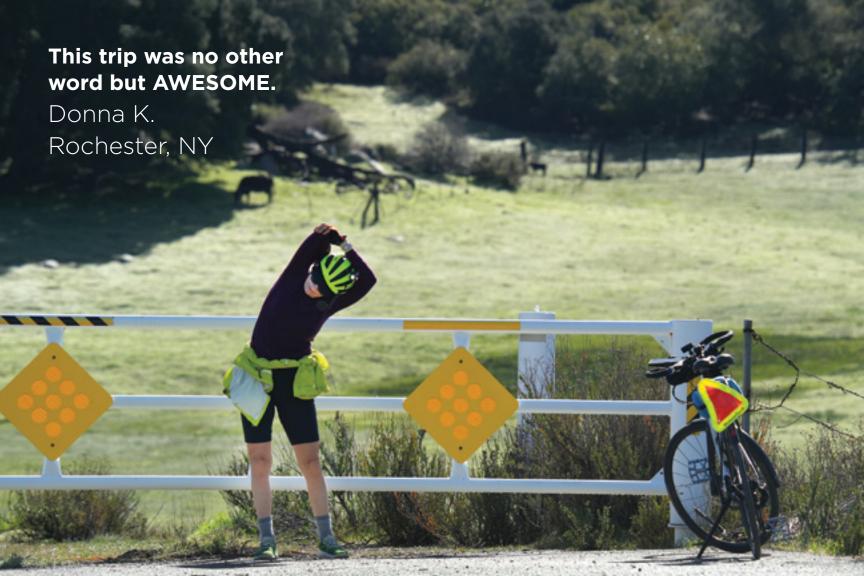
We applaud e-bikes for helping riders climb hills faster and go

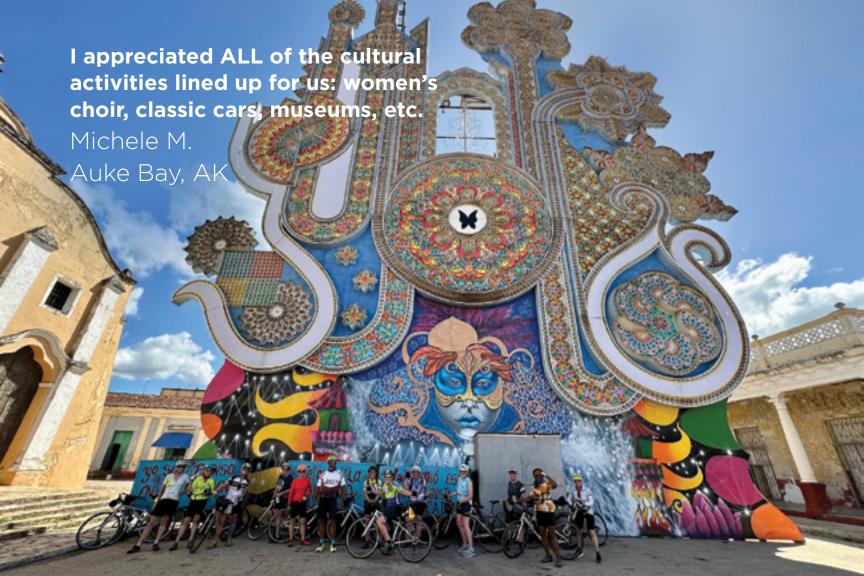
farther than they could without assistance. We haven't met anyone who doesn't enjoy them. We welcome women of all abilities riding bicycles of all types and we do our best to support everyone regardless of how fast or slow she chooses to ride.

How much does it cost to rent a bike?

The price depends upon the tour but generally gravel and hybrid bicycles are \$195 and e-bikes are \$350.











TOUR	DATE	\$	SINGLE+	LEVEL
Cuba: Bicycling to Havana	2/7-2/15	4790	1000	M
Tanzania: Service, Cycling, Safari	2/8-2/18	6390	1500	M
Death Valley National Park	2/16-2/21	3390	900	LM
Cuba: Bicycling to Havana	2/16-2/24	4790	1000	M
FL: Orlando to the Ocean BP	2/17-2/23	3590	1000	L
Mojave Desert H&S	2/23-2/28	3290	800	MA
FL: Forgotten Coast	2/24-3/1	3290	900	LM
TX: Big Bend National Park EPIC	4/1-4/10	3690	1500	MA
Netherlands: Sail/Cycle/Tulips BF	4/12-4/19	3190	1300	L
TX: Wildflowers	4/13-4/19	3490	900	MA
Bhutan: Buddhism,				
Bliss and Bicycles.	4/17-4/26	4290	800	M
Netherlands: Sail/Cycle/Tulips BF	4/19-4/26	3190	1300	L
Atlantic Coast EPIC	4/21-6/15	16900	5000	A
Netherlands: Sail/Cycle/Tulips BP	4/26-5/3	3190	1300	L
MD: Eastern Shore H&S	5/3-5/6	2150	700	LM
H&S Hub & Spoke BP Bike Paths L Leisurely M Moderate A Advanced				



TOUR	DATE	\$	SINGLE+	LEVEL
NJ: Cape May H&S	5/8-5/11	2690	0	LM
SD: Mickelson Trail	5/9-5/15	3590	900	LM
GAP/C&O Towpath BP	5/15-5/24	3690	900	M
SD: Mickelson Trail	5/16-5/22	3590	900	LM
Portugal: Porto to Lisbon NEW!	5/17-5/26	4890	1200	MA
Portugal: Lisbon to Lagos NEW!	5/27-6/4	4690	1100	MA
Balkan Quartet	5/30-6/13	4490	1800	MA
MA: Island Hopper BP	6/5-6/9	2790	800	L
Croatia: Bike & Boat	6/7-6/14 4	190/349	00 1000	LMA
NY: Erie Canalway BP	6/13-6/22	3690	900	LM
Big Sky of Montana EPIC NEW!	6/14-6/28	6090	1900	MA
N. Ireland: Causeway Coast	6/15-6/22	4090	850	M
NY: Hudson Valley BP	6/22-6/28	3590	1000	LM
England: The Cotswolds	7/6-7/12	3890	1000	LM
Grand Teton National Park BP	7/6-7/12	3690	900	LM
Mongolia: Altai Tavan Bogd NP NEW!	7/4-7/17	6990	1000	A
Lake Ontario EPIC	7/8-7/19	4490	1400	LM
H&S Hub & Spoke BP Bike Paths	L Leisurely	M Modera	ate 🗛 Ad	vanced



TOUR	DATE	\$	SINGLE	LEVEL
Grand Teton National Park BP	7/13-7/19	3690	900	LM
Niagara Falls BP	7/20-7/23	2150	700	L
ID: Greenways BP	7/21-7/26	3390	600	L
ME: Acadia National Park H&S	7/26-7/31	3290	950	M
OR: Portland H&S	7/28-8/2	3290	900	LM
NY: Finger Lakes	8/2-8/5	2150	700	M
WA: San Juan Islands H&S	8/5-8/11	3690	1000	LMA
MN: Lake Wobegon Trail BP	8/11-8/16	3290	900	L
OR: River's and Rail trails H&S	8/13-8/18	3290	900	LM
Germany: Lake Constance	8/16-8/23	4490	1000	LM
WI: Door County	8/18-8/23	3290	900	LM
Germany: Lake Constance	8/23-8/30	4490	1000	LM
WI: Door County	8/24-8/29	3290	900	LM
England: The Cotswolds	8/24-8/30	3890	1000	LM
Netherlands/Belgium: Bike & Barge BP	8/29-9/5	3290	1250	
MA: Island Hopper BP	9/4-9/8	2790	800	i i
WA: San Juan Islands H&S	9/4-9/10	3690	1000	LMA
H&S Hub & Spoke BP Bike Paths			ate A Ac	



TOUR	DATE	\$	SINGLE+	LEVEL	
Belgium/Netherlands: Bike & Barge BP	9/5-9/12	3290	1250	L	
GAP/C&O Towpath BP	9/11-9/20	3690	900	M	
CA: Napa & Sonoma Valleys	9/14-9/19	3490	1000	LMA	
Spain: Camino de Santiago	9/14-9/21	4190	1000	MA	
Croatia: Bike & Boat	9/20-9/28 4	9/20-9/28 4190/3490 1000 LMA			
MO: Katy Trail BP	9/24-10/1	3290	1000	LM	
Greece: Sail and Cycle NEW!	9/26-10/3	4990	2500	LM	
Italy: Bike & Barge	10/4-10/11	3190	1300	L	
Italy: Bike & Barge	10/11-10/18	3190	1300	L	
France: Bike & Barge	10/18-10/25	3190	1300	L	
UT: Moab H&S	10/19-10/25	3590	900	LMA	
FL: Forgotten Coast	10/26-10/31	3290	900	LM	
UT: Zion National Park	10/27-11/1	3290	900	LMA	
FL: Orlando to the Ocean BP	11/2-11/8	3590	1000	L	
Death Valley National Park	11/3-11/8	3390	900	LM	
Chile: Lakes & Volcanoes NEW!	12/7-12/15	4790	900	MA	
Cross-Country Southern Tier EPIC 3/4-4/30/ 2026 17490 5249 A					
H&S Hub & Spoke BP Bike Paths L Leisurely M Moderate A Advanced					





